

The Anglican Church of St. John the Divine

The 3rd Sunday in Lent *March 8, 2026*

As people of God, we celebrate Christ in the heart of Victoria through joyful worship, building inclusive community, and putting faith into action.

St. John's acknowledges these lands of the Lekwungen people.

We are an inclusive and affirming parish; the sacraments of the church (baptism, communion and marriage) are available to all people on equal terms. Christ welcomes you, and so do we.



Photo by David Stratkauskas

Welcome to the Parish Church of St. John the Divine, Victoria. We are a community of faith in the Anglican Tradition, seeking to live lives of faith, hope, and love as part of this community in Downtown Victoria. We are on a journey of learning to be a welcoming, inviting, inclusive, and serving community which is open to all.

Our worship reflects our rootedness in the Anglican tradition, whilst drawing on liturgies that reflect the long history and heritage of our Christian faith. Please join in as you feel able, and enjoy the words, music, and opportunity for prayer and to be a part of our community.

Services at St. John's are: **8:00 am (Holy Communion – said service), 10:00 am (Holy Eucharist – with choir and organ), 4:30 pm (BCP Choral Evensong)** on Sundays as well as mid-week services (please see our website for times). If you can't attend in person we invite you to join us via Zoom (email admin@stjohnthedivine.bc.ca for the link) or through the livestream on the Website: www.stjohnthedivine.bc.ca

We continue to share daily prayer online with a link on our website.

Contacting Us: Please email us at admin@stjohnthedivine.bc.ca or call 250-383-7169. If you wish to receive prayer for yourself or for another, there will be members of our Pastoral Care Team who will offer their prayers. Please contact the church office at the above email address.

You are very welcome here. We don't always get it right; please let us know when we do, and when we don't. Please stay and be a part of our family, for however long you would like.

If you would like to give to support the work and ministries of St. John the Divine you can do so in the offering plate which is by the Garden door and will be presented as the Communion is prepared. You may also conveniently use our tap machine (no tax receipt) which is available at the garden door entrance, or the bank machine (tax receipt with envelope completion) available at the office. Envelopes for regular giving are available from the church office. Alternatively, you can scan this QR code which will take you to our Canada Helps giving page.

Thank you for your support.



8:00 am Holy Communion

The order of service is found on page 67 in the Book of Common Prayer

Presider: The Venerable Alastair Singh-McCollum

Preacher: Gary Moss

Gathering

The grace of our Lord Jesus Christ,
and the love of God,
and the communion of the Holy Spirit
be with you all.

All: And also with you.

Invitation to Confession

We are all called to healing and wholeness through the God who draws us close
and embraces us with love and strength.

We acknowledge our broken relationship with the earth, with one another, with
God, and with ourselves, as we pray.

Silence

Please stand as you are able.

During lent, the Gloria is replaced with the Kyrie Eleison.

Kyrie (sung by the choir)

Kyrie eleison.

Christe eleison.

Kyrie eleison.

Lord, have mercy.

Christ, have mercy.

Lord, have mercy.

The Priest reminds us of God's love and forgiveness.

The Collect of the Day

Silence is kept.

Lord of the wellspring,
source of life and truth:

Give us the courage of the Samaritan woman,
so that we may receive living water,
and worship you in spirit and in truth;
through Jesus Christ who quenches our thirst with eternal life.

All: Amen.

Propers Working Group (2016)

The Proclamation of the Word

Let us listen for the Word of God in Holy Scripture.

Please sit for the Reading and the Psalm.

The First Reading

Exodus 17:1-7

After the Reading

Hear what the Spirit is saying.

All: Thanks be to God.

Psalm

95

Come, let us sing to GOD; * let us shout for joy to the Rock of our salvation.

Let us come before GOD's presence with thanksgiving * and raise a loud shout to
GOD with psalms.

For GOD is a great God, * and a great Ruler above all gods.

In GOD's hand are the caverns of the earth, * and the heights of the hills are theirs
also.

The sea is theirs, for GOD made it, * and their hands have molded the dry land.

Come, let us bow down, and bend the knee, * and kneel before GOD our Maker.

For that is who is our God, and we are the people of their pasture and the sheep of
their hand. * Oh, that today you would hearken to GOD's voice!

Harden not your hearts, as your forebears did in the wilderness, * at Meribah, and
on that day at Massah, when they tempted me.

They put me to the test, * though they had seen my works.

Forty years long I detested that generation and said, * "This people are wayward in
their hearts; they do not know my ways."

So I swore in my wrath, * "They shall not enter into my rest."

Inclusive Language Psalter: A New Gender-Inclusive Adaptation of the Book of Psalms,
Based on the 1979 Book of Common Prayer Text (Version for Congregational Use)
Edited and adapted by Adam Waddell, Hannah Bowman,
the Rev. K.D. Joyce, and the Rev. Bailey Pickens.

The Epistle

Romans 5:1-11

After the Reading

Hear what the Spirit is saying.

All: Thanks be to God.

Please stand as you are able.

Gradual Hymn (CP 361)

ECCE, DEUS



Sure - ly it is God who saves me; I shall trust and have no fear.
Make God's deeds known to the peo - ples: tell out God's ex - alt - ed name.



For the Lord de - fends and shields me and their sav - ing help is near.
Praise the Lord, who has done great things; all their works God's might pro - claims.



So re - joice as you draw wa - ter from sal - va - tion's heal - ing spring;
Zi - on, lift your voice in sing - ing; for with you has come to dwell,



in the day of your de - liv - erance thank the Lord, their mer - cies sing.
in your ve - ry midst, the great and Ho - ly One of Is - ra - el.

Text: *Song of Thanksgiving* (Is. 12:2-6); para. Carl P. Daw, Jr. (1944-). Para. © Hope Publishing Co.
Music: Alfred V. Fedak (1953-). © 1990 Selah Publishing Co. Ltd.
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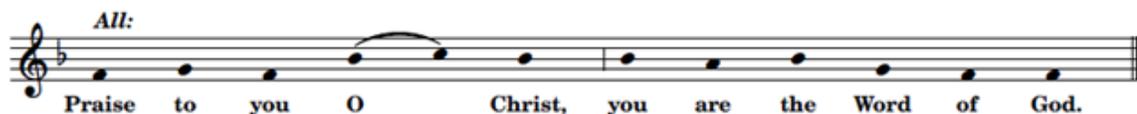
Please stand as you are able.

The Gospel

John 4:5-42



Cantor: The Lord is a great God; O that today you would listen to their voice; harden not your hearts.



God is with you.

All: And also with you.

Hear the Good news of Jesus Christ according to John.

All: Glory to you, O Christ.

After the Gospel

The Gospel of Christ.

All: Praise to you, O Christ.

Please be seated.

Sermon

Please stand as you are able.

Affirmation of Faith

Let us declare the faith of Christ as we say,

**All: Hear, O Israel:
the Lord our God, the Lord is one.
Love the Lord your God
with all your heart,
with all your soul,
with all your mind,
and with all your strength.**

This is the first and the great commandment.

The second is like it:

Love your neighbour as yourself.

There is no commandment greater than these.

Please stand, sit, or kneel as you prefer.

Prayers of the People

Those who have asked for our prayers are listed at the end of the leaflet.

Please stand as you are able.

The Peace

The peace of Christ be with you.

All: And also with you.

All may offer their neighbour a sign of peace.

The Celebration of the Eucharist

Please stand as you are able.

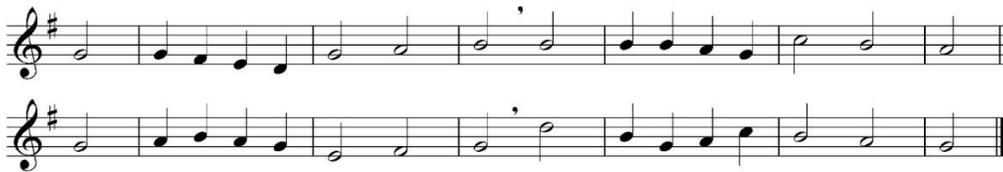
Offertory Anthem

Like as the hart desireth the waterbrooks :
so longeth my soul after thee, O God.
My soul is athirst for God, yea, even for the living God :
when shall I come to appear before the presence of God?
My tears have been my meat day and night :
while they daily say unto me, Where is now thy God?

Text and Music: Herbert Howells (1892-1983)

Hymn at the Presentation (CP 669)

OLD 100TH



**Praise God the Source of life and birth,
praise God the Word, who came to earth.
Praise God the Spirit, holy flame.
All glory, honour to God's name.**

Text: Ruth Duck (1947-). © 1990 *The Pilgrim Press*
Music: Meolody – Geneva, 1551
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Please stand as you are able.

The Prayer over the Gifts

God our provider,
you have not fed us with bread alone,
but with words of grace and life.
Bless us and these your gifts,
which we receive from your bounty,
through Jesus Christ our Lord.

All: Amen.

Evangelical Lutheran Worship (2006)

As we prepare to celebrate this Eucharist, we remember that we are the people of God. Near or far we are gathered together by the love of Christ. We remember that we are incorporated into the body of Christ. We join together in this celebration of our union in Christ.

Please stand as you are able.

The Great Thanksgiving

Eucharistic Prayer V
Scottish Episcopal Church 1982 (revised 2002) altd.

The Lord be with you. **And al-so with you.** Lift up your hearts. **We lift them to the Lord.**

Let us give thanks to the Lord our God. **It is right to give our thanks and praise.**

Worship and praise belong to you, maker of light and darkness.

Your wisdom draws beauty from chaos,

brings a harvest out of sorrow and leads the exiles home.

In Christ your Son enemies are reconciled,

debts forgiven, and strangers made welcome.

Your Spirit frees us to live

as a community joined by bonds of love.

We who by Christ's power

follow the way of the Cross,

sharing the joy of his obedience,

now offer you our praise,

with angels and archangels

and the whole company of heaven

singing the hymn of your unending glory:

Sanctus (*sung by the choir*)

Sanctus, Sanctus, Sanctus,

Dominus Deus Sabaoth.

Pleni sunt coeli et terra gloria tua.

Osanna in excelsis.

*Holy, holy, holy
Lord God of power and might.*

Heaven and earth are full of your glory.

Hosanna in the highest.

Glory and thanksgiving be to you,

most loving God,

for Christ in whom the world is reconciled.

Lifted on the Cross,

Jesus' suffering and forgiveness

spanned the gulf sin had made.

Through that dark struggle

death was swallowed up in victory,

that life and light might reign.

Before he was given up to suffering and death,

recalling the night of Israel's release,

the night in which the sons of Egypt died,

your Chosen One, himself the First-Born,

freely offered his life.

At supper with his disciples he took bread
and offered you thanks.
He broke the bread, and gave it to them, saying:
“Take, eat. This is my Body: It is broken for you.”

After supper, he took the cup, he offered you thanks,
and gave it to them saying:
“Drink this, all of you.
This is my Blood of the new covenant;
it is poured out for you, and for all,
that sins may be forgiven.
Do this in remembrance of me.”

We now obey your Son's command.
We recall his blessed passion and death,
his glorious resurrection and ascension;
and we look for the coming of his Kingdom.

Made one with him, we offer you these gifts
and with them ourselves,
a single, holy, living sacrifice.

Hear us, most merciful Creator,
and send your Holy Spirit upon us
and upon this bread and this wine,
that, overshadowed by your Spirit's life-giving power,
they may be the Body and Blood of your Son,
and we may be kindled with the fire of your love
and renewed for the service of your Kingdom.

Help us to live and work to your praise and glory;
may we grow together in unity and love
until at last, in your new creation, we enter into our heritage
in the company of Mary, the apostles, and prophets,
and of all our siblings living and departed.

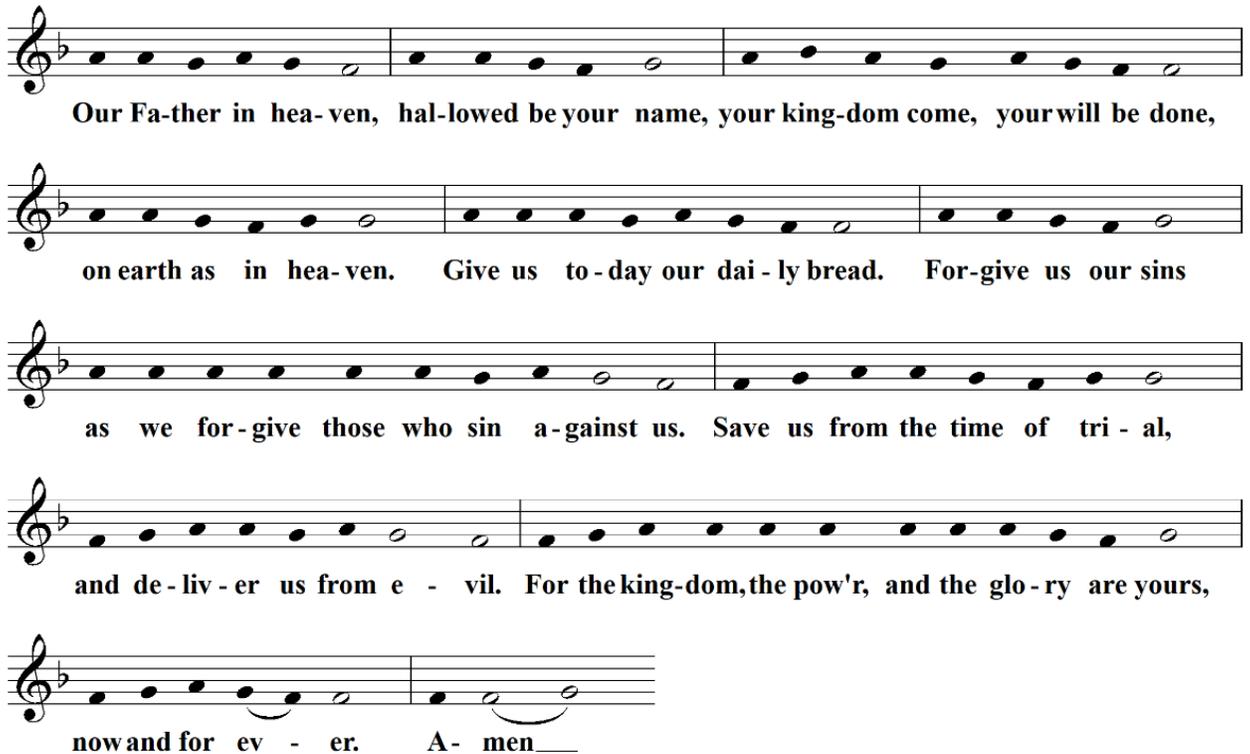
Through Jesus Christ our Lord, with whom, and in whom,
in the unity of the Holy Spirit, all honour and glory be to you,
Lord of all ages, world without end.

All: A - men, A - men, A - - men.

The musical notation consists of a single staff with a treble clef and a key signature of one flat (B-flat). The melody is written in a simple, hymn-like style. It begins with a quarter rest, followed by a quarter note on G4, a quarter note on A4, and a quarter note on B4. This is followed by a half note on C5, a quarter note on B4, and a quarter note on A4. The melody then continues with a quarter note on G4, a quarter note on F4, a quarter note on E4, and a quarter note on D4. The piece concludes with a half note on C4, followed by a double bar line.

The Disciples' Prayer

Priest: As our saviour Christ has taught us, we now pray:



Our Fa-ther in hea-ven, hal-lowed be your name, your king-dom come, your will be done,
on earth as in hea-ven. Give us to-day our dai-ly bread. For-give us our sins
as we for-give those who sin a-gainst us. Save us from the time of tri-al,
and de-liv-er us from e-vil. For the king-dom, the pow'r, and the glo-ry are yours,
now and for ev-er. A-men

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The Breaking of the Bread

We break this bread,

All: Communion in Christ's body once broken.

Let your Church be the wheat
which bears its fruit in dying.

**All: If we have died with him, we shall live with him;
if we hold firm, we shall reign with him.**

The Communion

The gifts of God for the people of God.

All: Thanks be to God.

All are invited to receive communion. Receiving bread or wine is considered full communion. It is the practice of the ACC not to dip the bread into the wine. Any not receiving communion are invited to receive a blessing, and to indicate that by holding their arms crossed on their chest.

If you are unable to come to a communion station please make this known to the Greeters and we will bring communion to you.

Gluten free wafers for communion are available. Please request them from the person who is distributing the bread.

Benedictus *(sung by the choir)*

Benedictus qui venit
in nomine Domini.
Osanna in excelsis.

*Blessed is he who comes
in the name of the Lord.
Hosanna in the highest.*

Agnus Dei *(sung by the choir)*

Agnus Dei, qui tollis peccata mundi, *Lamb of God, who takes away the sin of the world,*
miserere nobis. *have mercy on us.*
Agnus Dei, qui tollis peccata mundi, *Lamb of God, who takes away the sin of the world,*
dona nobis pacem. *grant us peace.*

Following the Communion there will be a pause for silence.

The Commissioning of the Community

Please stand as able.

One body are we.

**All: For, though we are in many places,
spiritually we share one bread.**

Prayer after Communion

Compassionate God,
you have fed us with the bread of heaven.
Sustain us in our Lenten pilgrimage;
may our fasting be hunger for justice;
our alms, a making of peace;
and our prayer, the song of grateful hearts;
through Jesus Christ, our Saviour and Lord.

All: Amen.

Evangelical Lutheran Worship (2006) alt.

The Blessing

Dismissal

Let us go in peace to love and serve our living God.

All: Thanks be to God.



**1. Guide me, O thou great Redeemer,
 pilgrim through this barren land.
 I am weak, but thou art mighty;
 hold me with thy powerful hand.
 Bread of heaven, bread of heaven,
 feed me till I want no more,
 feed me till I want no more.**

**2. Open now the crystal fountain
 whence the healing stream doth flow;
 let the fire and cloudy pillar
 lead me all my journey through.
 Strong deliverer, strong deliverer,
 be thou still my strength and shield,
 be thou still my strength and shield.**

**3. When I tread the verge of Jordan,
 bid my anxious fears subside;
 death of death, and hell's destruction,
 land me safe on Canaan's side:
 songs of praises, songs of praises,
 I will ever give to thee,
 I will ever give to thee.**

Text: William Williams (1717-1791); tr. Peter Williams (1723-1796), alt.
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Please be seated
 Voluntary

Please join us at the back of the church for refreshments and fellowship.



Sunday Reflections will be held in the Denson Lounge
 starting about 15 minutes after the service ends.

Choral Evensong today at 4:30pm

Readings: Psalm 40:1-13; Joshua 1:1-9; Ephesians 6:10-20

Officiant: Gary Moss

Preacher: The Venerable Alastair Singh-McCollum

Music: Quartet

Responses: Char Hodgkins ; Canticles: June Nixon

Anthem: When David Heard – Thomas Tomkins

Readings for March 15th – The 4th Sunday in Lent

1 Samuel 16:1-13 God surprises with the choice of young David.

Psalm 23 The deepest possible trust in God is expressed.

Ephesians 5:8-14 Those in Christ have passed from old destructive ways to a new, enlightened existence.

John 9:1-41 Jesus heals a man born blind, giving rise to much controversy—a humorous dispute really, but with sad consequences.

Blue Envelope for March – Alongside Hope

Alongside Hope, formally known as the Primate's World Relief and Development Fund (PWRDF), was established by the Anglican General Synod of Canada in 1959. The name reflects the agency's main program focus and philosophy. Alongside Hope provides for long-term development needs connected to most of the suffering caused by natural or human-provoked disasters.

The following people have asked for our prayers.

Please keep them in your heart and mind as you go through your week.

Chuck
Mallory
Vorna & family
Ronnie A. & family
Sue
Paul
James M.
Andrew

Charles & Frances
Zoe
Carolyn & family
Tonja D.
Robyn
Amanda
Nancy
Jamie G.
Baby Caron

Paul C-S.
John & Pat
Liz & family
Kai & Chelsea
Lisa
Jennifer Q.
Brian T.
Ashley

The Anglican Church of St. John the Divine

Stewards

People's Warden: Jim Harlick
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Associate Warden: Murray Harris
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Givings Coordinator: Jim Harlick
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Incumbent's Warden: Jamie Lawson
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Associate Warden: Carol Anne Harper
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Treasurer: David Buckman
treasurer@stjohnthedivine.bc.ca

Parish Council

Brendan Feary, Jaqueline Gillespie, Mary Kennedy
David Lemon, Kate Newman, Ruth Swinton, Cornelia van Voorst

Synod Delegates

Jim Harlick, Jamie Lawson, Michael Zenger

Synod Alternate

Penny Holt

Staff Supporting the Ministry of St. John's

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