

## **Midday Prayers from Commonprayer.net**

*(Amended, including Psalm, Scripture, and Collect for the Day)*

In the name of God, Creator, Word and Loving Spirit. **Amen.**

God is with you – **and also with you.**

Draw us into your love, Christ Jesus : **and deliver us from fear.**

**Lord, make us instruments of your peace.**

**Where there is hatred, let us sow love;**

**where there is injury, pardon;**

**where there is doubt, faith;**

**where there is despair, hope;**

**where there is darkness, light;**

**where there is sadness, joy.**

**O Divine Master, grant that we may not**

**so much seek to be consoled as to console,**

**to be understood as to understand,**

**to be loved as to love.**

**For it is in giving that we receive,**

**it is in pardoning that we are pardoned,**

**and it is in dying that we are born to eternal life.**

**Glory to God, Creator, Word and Loving Spirit,**

**as it was in the beginning, is now, and will be forever. Amen.**

### **Collect for the Day**

O God, with all your faithful followers of every age, we praise you, the rock of our life. Be our strong foundation and form us into the body of your Son, so that we may gladly minister to all the world, through Jesus Christ, our Saviour and Lord. **Amen.**

### **Readings**

*(from <https://www.churchofengland.org/prayer-and-worship/join-us-in-daily-prayer/>)*

### **Psalm 133**

1 Behold how good and pleasant it is  
to dwell together in unity.

- 2 It is like the precious oil upon the head,  
running down upon the beard,
- 3 Even on Aaron's beard,  
running down upon the collar of his clothing.
- 4 It is like the dew of Hermon  
running down upon the hills of Zion.
- 5 For there the Lord has promised his blessing:  
even life for evermore.

**Glory to God, Creator, Word and Loving Spirit,  
as it was in the beginning, is now, and will be forever. Amen.**

### **Short Reading for the Day**

Do not fear, for I am with you; I will bring your offspring from the east, and from the west I will gather you; I will say to the north, 'Give them up', and to the south, 'Do not withhold; bring my sons from far away and my daughters from the end of the earth - everyone who is called by my name, whom I created for my glory, whom I formed and made.'

*Isaiah 43.5-7*

### *Reflection*

In the language and form closest to our heart, we pray as Jesus taught his friends  
***Our Father...***

Make us worthy, Lord, to serve our siblings throughout the world, who live and die in poverty and pain. Give them today, through our hands, their daily bread and through our understanding love, give peace and joy. Amen

Blessed are the poor,  
**for theirs is the Kingdom of God.**

Blessed are the hungry,  
**for they shall be filled.**

Blessed are the meek,  
**for they shall inherit the earth.**

Blessed are the pure in heart,

**for they shall see God.**

Blessed are those who mourn,

**for they shall be comforted.**

Blessed are the merciful,

**for they shall be shown mercy.**

Blessed are the peacemakers,

**for they are the children of God.**

Blessed are those who are persecuted for righteousness and justice,

**for great is their reward.**

*A time of open prayer*

Come, Holy Spirit. We pray that your fruit would be in us: love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, and self-control.

Dear Jesus, help us to spread your fragrance everywhere we go.

**Soul of Christ, sanctify me;**

**body of Christ, save me;**

**blood of Christ, inebriate me;**

**water from the side of Christ, wash me;**

**passion of Christ, strengthen me.**

**O good Jesus, hear me;**

**within your wounds hide me;**

**suffer me not to be separated from you;**

**from the malicious enemy, defend me;**

**in the hour of my death, call me,**

**and bid me come to you**

**that with your saints I may praise you**

**forever and ever. Amen.**

**Through our lives and by our prayers : may your kingdom come!**

**In the name of the Creator, and of the living Word, and of the Holy Spirit. Amen.**