

Midday Prayer – Friday (daily in Lent)

An order adapted from Celebrating Common Prayer: Society of St Francis

You are welcome to respond with the parts in bold type

Preparation

God is with you

And also with you

O God, make speed to save us.

O Lord, make haste to help us.

Glory to God, Creator, Word, Spirit

As it was in the beginning, is now, and shall be forever. Amen .

A HYMN may be sung or said, the following or some other.

Jesus, like a mother you gather your people to you;
you are gentle with us as a mother with her children.

Despair turns to hope through your sweet goodness;
through your gentleness we find comfort in fear.

Your warmth gives life to the dead,
your touch makes sinners righteous.

Lord Jesus, in your mercy heal us;
in your love and tenderness remake us.

In your compassion bring grace and forgiveness,
for the beauty of heaven may your love prepare us

Anselm (1109)

The Word of God

Psalmody

Psalm 3

- 1 Lord, how many are my adversaries; *
many are they who rise up against me.
- 2 Many are they who say to my soul, *
'There is no help for you in your God.'
- 3 But you, Lord, are a shield about me; *
you are my glory, and the lifter up of my head.
- 4 When I cry aloud to the Lord, *
he will answer me from his holy hill;
- 5 I lie down and sleep and rise again, *
because the Lord sustains me.
- 6 I will not be afraid of hordes of the peoples *
that have set themselves against me all around.
- 7 Rise up, O Lord, and deliver me, O my God, *
for you strike all my enemies on the cheek
and break the teeth of the wicked.
- 8 Salvation belongs to the Lord: *
may your blessing be upon your people.

Glory to God, Creator, Word, Spirit

As it was in the beginning, is now, and shall be forever. Amen .

Short Reading

Yet even now, says the Lord, return to me with all your heart, with fasting, with weeping, and with mourning rend your hearts and not your clothing. Return to the Lord, your God, for he is gracious and merciful, slow to anger, and abounding in steadfast love, and relents from punishing. Who knows whether he will not turn and relent, and leave a blessing behind him, a grain-offering and a drink-offering for the Lord, your God?

Joel 2.12-14

Responsory

Come, you that are blessed of my Father,
Inherit the kingdom prepared for you.

I was hungry and you gave me food,
I was thirsty and you gave me drink,

I was a stranger and you welcomed me,
I was naked and you clothed me,

I was sick and you took care of me,
I was in prison and you visited me.

As you did it to one of the least,
You did it to me.

Prayers

At the end

Lord, have mercy.
Lord, have mercy.

Christ, have mercy.
Christ, have mercy.

Lord, have mercy.
Lord, have mercy.

The Collect

Holy God,
whose Spirit's breath prompts our seeking:
transform the night-time of our fear
into a welcoming womb for us and all the world;
through Jesus Christ,
in whom we are born anew.. **Amen**

The Disciples Prayer (from enfleshed.com)

Lord Jesus, remember us and teach us to pray:



May Christ our brother give us peace.

Amen.

Let us bless our Loving God.

Thanks be to God.