



A SERVICE OF PENITENCE AND HOLY COMMUNION

## THE GATHERING OF THE COMMUNITY

The presider may say

In the name of God, our Creator, Redeemer and sanctifying Spirit.

All: Amen.

#### THE GREETING

The presider greets the people

Grace, mercy and peace from our God the Father and the Lord Jesus Christ be with you.

All: And also with you.

#### PRAYERS OF PREPARATION

Prayer to God our Creator

All: Loving God,

I come to you with sorrow for my sins, asking for your help and strength.

Help me to know myself and to accept my weakness.

Strengthen me with your forgiving love, so that I may more courageously follow and obey your Son.

## Prayer to the Son

All: Jesus Christ, our Saviour, you were like us in all things. Be with me when I fall, so that by your grace I may learn to trust in your strength.

Prayer to the Spirit

All: Holy Spirit of God, fill my heart with your love.

Lead me to know myself,

to root out my lack of self love and love of others,
and to share with others the fruits of your presence love, joy, peace, patience, kindness, goodness,
trustfulness, gentleness and self-control.

## The Minister prays

Lord God our Father, through our saviour Jesus Christ you have assured us of eternal life and in Baptism have made us one with him. Deliver us from the death of sin and raise us to new life in your love, in the fellowship of the Holy Spirit, by the grace of our Lord Jesus Christ.

All: Amen.

#### THE PROCLAMATION OF THE WORD

THE FIRST READING Isaiah 42:1-9

This is the word of the Lord.

All: Thanks be to God.

There may be a song or hymn between the readings

**PSALM** 101:1-12

Praise the Lord O my soul and all that is within me praise his holy name.

All: Praise the Lord O my soul and forget not all his benefits.
Who forgives all your wrongdoing and heals all your infirmities.

Who redeems your life from the pit and crowns you with mercy and compassion.

All: Who satisfies your being with good things so that your youth is renewed like an eagle's.

The Lord works righteousness and justice for all who are oppressed.

All: He made known his ways to Moses and his works to the children of Israel.

The Lord is full of compassion and mercy, slow to anger and of great goodness.

All: He will not always be chiding nor will he keep his anger forever.

He has not dealt with us according to our sins nor rewarded us according to our wickedness.

All: For as the heavens are high above the earth so great is his mercy over those that fear him. As far as the east is from the west so far has he set our sins from us.

GOSPEL READING John 12:1-11

When the Gospel is announced the reader says

Hear the Gospel of our Lord Jesus Christ according to John.

All: Glory to you, Lord Jesus Christ.

At the end

This is the Gospel of the Lord.

All: Praise to you, Lord Jesus Christ.

#### THE LITURGY OF PENITENCE

God the Father looks for the return of his children who have strayed and lovingly embraces them when they come back to him. Let us then with confidence draw near to the throne of grace, that we may receive mercy and find grace to help in time of need.

Lord Jesus Christ, the Spirit of the Lord was upon you because he anointed you to preach good news to the poor. He sent you to proclaim release to the captives and recovery of sight to the blind, to set at liberty those who were oppressed.

Lord Jesus Christ, Son of God.

## All: Have mercy on me.

Lord Jesus Christ, you ate and drank with sinners. For those who are well have no need of a physician, but those who are sick. You did not come to call the righteous, but sinners to repentance.

Lord Jesus Christ, Son of God.

All: Have mercy on me.

Lord Jesus Christ, you said to Scribes and Pharisees who brought you a woman caught in adultery, "Let the one who is without sin be the first to throw a stone." And when they had gone away, one by one, you looked at her and said, "Has no-one condemned you? Neither do I condemn you: go, and do not sin again,"

Lord Jesus Christ, Son of God.

## All: Have mercy on me.

Lord Jesus Christ, you called Zacchaeus to hasten and come down from the sycamore tree that he might receive you into his home. He gave half his goods to the poor and restored fourfold to any he had defrauded. You brought the joy of salvation to his house that day. For the Son of Man came to seek and save the lost.

Lord Jesus Christ, Son of God.

# All: Have mercy on me.

Lord Jesus Christ, you welcomed the sinful woman when she knelt before you in the house of Simon. She washed your feet with her tears, wiped them with the hair of her head and anointed you with costly ointment. You forgave her sin and sent her on her way in peace. Her sins, which were many, were forgiven, for she loved much.

Lord Jesus Christ, Son of God.

## All: Have mercy on me.

Lord Jesus Christ, you were crucified between two thieves, one on your right and one on your left. One of them hurled insults at you but the other confessed his sin and asked you to remember him when you come into your kingdom. In the hour of your agony, you said to the penitent thief, "Today you will be with me in paradise."

Lord Jesus Christ, Son of God.

## All: Have mercy on me.

Lord Jesus Christ, in the glory of your risen life, you restored Simon Peter who had disowned you in the time of trial. You committed to him the care of your flock and once again called him to follow in the way of the cross.

Lord Jesus Christ, Son of God.

# All: Have mercy on me.

A time of silence for self-examination is given - questions can be found at the end of the booklet to guide thoughts and prayers. During this time all are invited to come forward, one at a time, to place some incense onto the coals as a sign of penitence, and to remind us that when we confess our sins to God they are gone.

#### At the end

All: Father eternal, giver of light and grace we have sinned against you and against our neighbour, in what we have thought, in what we have said and done, through ignorance, through weakness through our own deliberate fault.

We have wounded your love and marred your image in us. We are sorry and ashamed and repent of all our sins.

For the sake of your Son, Jesus Christ, who died for us, forgive us all that is past, and lead us out from darkness to live as children of light. Amen.

Almighty God, have mercy upon you, pardon and deliver you from all your sins, confirm and strengthen you in all goodness and bring you to the joy of heaven. Through Jesus Christ our Lord.

## All: Amen.

## All: Lord Jesus,

I give you my hands to do your work,
I give you my feet to go your way,
I give you my eyes to see as you do,
I give you my tongue to speak your words,
I give you my mind that you may think in me,
I give you my spirit that you may pray in me,
above all, I give you my heart that you may love in me,
our loving God, and all humanity.
I give you my whole self, that you may grow in me,
so that it is you, Lord Jesus,
who live and work and pray in me.
Amen.

## THE LITURGY OF THE SACRAMENT

#### THE PRAYER OVER THE GIFTS

Ruler of all creation,

All: your Son was anointed with costly oil in preparation for death and the grave.

Receive all we offer you this day for the sake of him who died that we might live, Jesus Christ the Lord.

Amen.

#### THE GREAT THANKSGIVING - EUCHARISTIC PRAYER 3

The Lord be with you.

All: And also with you.

Lift up your hearts.

All: We lift them to the Lord.

Let us give thanks to the Lord our God.

All: It is right to give our thanks and praise.

Blessed are you, gracious God, creator of heaven and earth; we give you thanks and praise through Jesus Christ our Lord, who for our sins was lifted high upon the cross, that he might draw the whole world to himself. By his suffering and death, he became the source of eternal salvation for all who put their trust in him. Therefore with all the host of heaven who gather around your throne and the Lamb, we raise our voices to proclaim the glory of your name.

All: Holy, holy, holy Lord,
God of power and might,
heaven and earth are full of your glory.
Hosanna in the highest.

Blessed is he who comes in the name of the Lord. Hosanna in the highest.

We give thanks to you, Lord our God, for the goodness and love you have made known to us in creation; in calling Israel to be your people; in your Word spoken through the prophets; and above all in the Word made flesh, Jesus your Son.

For in these last days you sent him to be incarnate from the Virgin Mary, to be the Saviour and Redeemer of the world. In him, you have delivered us from evil and made us worthy to stand before you. In him, you have brought us out of error into truth, out of sin into righteousness, out of death into life.

On the night he was handed over to suffering and death, a death he freely accepted, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: this is my body which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you:

this is my blood of the new covenant, which is shed for you and for many for the forgiveness of sins.

Whenever you drink it, do this for the remembrance of me."

Therefore, Father, according to his command,

# All: we remember his death, we proclaim his resurrection, we await his coming in glory;

and we offer our sacrifice of praise and thanksgiving to you, Lord of all; presenting to you, from your creation, this bread and this wine.

We pray you, gracious God, to send your Holy Spirit upon these gifts, that they may be the sacrament of the body of Christ and his blood of the new covenant. Unite us to your Son in his sacrifice, that we, made acceptable in him, may be sanctified by the Holy Spirit.

In the fullness of time, reconcile all things in Christ, and make them new, and bring us to that city of light where you dwell with all your sons and daughters, through Jesus Christ our Lord, the firstborn of all creation, the head of the church, and the author of our salvation;

by whom, and with whom, and in whom, in the unity of the Holy Spirit, all honour and glory are yours, almighty Father, now and for ever.

#### All: Amen.

#### THE LORD'S PRAYER

As our Saviour taught us, let us pray,

All: Our Father in heaven, hallowed by your name, your kingdom come, your will be done, on earth as in heaven. Give us today our daily bread.

Forgive us our sins as we forgive those who sin against us. Save us from the time of trial, and deliver us from evil.

For the kingdom, the power, and the glory are yours,

#### THE BREAKING OF THE BREAD

We break this bread,

now and for ever. Amen.

All: Communion in Christ's body once broken.

Let your Church be the wheat which bears its fruit in dying.

All: If we have died with him, we shall live with him; if we hold firm, we shall reign with him.

#### THE COMMUNION

The gifts of God for the People of God.

All: Thanks be to God.

All are invited to receive communion at the altar rail. Receiving bread or wine is considered full communion.

Please do not dip the bread in the wine. Any not receiving communion

are invited to receive a blessing, and to indicate that by holding their arms crossed on their chest.

If you are unable to come to a communion station please make this known to the Greeters and we will bring communion to you.

Gluten free wafers for communion are available. Please request it from the person who is distributing the bread.

# THE COMMISSIONING OF THE COMMUNITY

#### **PRAYER AFTER COMMUNION**

God of our salvation,

All: in this eucharist you have renewed us in your covenant.

Help us to follow in the path of him who came to open the eyes of the blind and bring prisoners out of darkness, Jesus Christ our Lord. Amen.

#### Doxology

All: Glory to God,

whose power working in us,

can do infinitely more

than we can ask or imagine.

Glory to God from generation to generation,

in the church and in Christ Jesus,

for ever and ever. Amen.

#### **BLESSING**

#### **DISMISSAL**

Go in love and peace to serve the Lord.

All: Thanks be to God.

## Questions for Self Examination

## Blessed are the poor in spirit, for theirs is the Kingdom of Heaven.

What is my attitude to material things?

Do I work honestly?

Do I care for creation?

Do I realize my need for other people?

Am I generous in sharing my time, my talents and goods with others?

Do I accept my dependence on God?

Am I a humble person?

Do I pray?

## Blessed are the gentle, they shall have the earth for their heritage.

Do I speak with gentleness to others?

Do I gossip, spread rumours or tell lies?

Do I treat my companion, children, family with due respect?

Do I listen to others with understanding?

Do I act with compassion toward others?

## Blessed are those who mourn, they shall be comforted.

Am I sensitive to the suffering of others?

Am I able to accept discomfort, unpleasantness and suffering?

# Blessed are those who hunger and thirst for what is right, they shall be satisfied.

Do I work for justice in my daily life?

Do I work for justice in my employment?

Do I practice love of neighbour in a practical, honest way?

Am I prejudiced against any class or body of people?

## Blessed are the merciful, they shall have mercy shown them.

Do I try to forgive others who have wronged me?

Am I ready to accept forgiveness from others?

Do I harbour grudges or resentment?

Am I able to forgive myself?

## Blessed are the pure in heart, for they shall see God.

Do I look for God in prayer and in creation?

Can I see God's presence and action in my life?

Do I look for God's presence and action in the lives of others?

Do I put up barriers between myself and God?

Do I respect the dignity of all persons?

Do I practice discipline in my life?

# Blessed are the peacemakers, they shall be called children of God.

Do I try to make peace in my own life, family, among friends and at work?

Am I prepared to face difficult issues, to risk unpopularity,

to risk being laughed at, so as to make peace?

Do I listen sincerely to the other person's point of view?

Am I at peace with myself?